

KCH LUNCH MENU	MONDAY Nov 4 th	TUESDAY Nov 5 th	WEDNESDAY Nov 6 th	THURSDAY Nov 7 th	FRIDAY Nov 8 th	
INSPIRED - INNOVATIVE - IN-STYLE	Macaroni & Cheese BBQ Chicken Bowl (55g)	NO SCHOOL	Whole Grain Chicken Drumsticks with Carrots (22g)	Pasta & Meatballs with Broccoli (27g)	Bag Lunch	
GRILL sizzling, seasoned & sassy	Grilled Chicken Sandwich (29g)	NO SCHOOL	BBQ Chicken Sandwich (49g)	Cheeseburger with Fries (40g)	Bag Lunch	
OVEN-FRESH AND CRAFTED	Taco Pizza (47g)	NO SCHOOL	Veggie Pizza (32g)	Four Cheese Pizza (34g) Turkey Pepperoni Pizza (23g)	Bag Lunch	
Fresh · Made To Order · Delicious	Crunchy Hawaiian Wrap (33g)	NO SCHOOL	Chicken Salad Sandwich (35g)	Hot Italian Turkey Hoagie (35g)	Bag Lunch	
SALAD BAR Crisp, Crunchy & Nutritious	Chopped Romaine, Baby Spinach, Spring Mix, Beets (3g), Broccoli, Shredded Carrots (3g), Cherry Tomatoes, Cucumbers, Green and Red Peppers, Red Onion (2g), Black Beans (4g), Garbanzo Beans (6g), Cottage Cheese, Shredded Cheese Applesauce (12g), Pudding (25g), Sunflower Seeds (4g), Salad Dressing: Ranch (3g)					
EVERYDAY OPTIONS	Available for Breakfast and Lunch Rotation of fresh fruits, including: Apples (27g), Bananas (27g), Grapes (16g), Oranges (17g) Fluid Milk: 1% White Milk (12g), Chocolate Milk (22g)					

KCH BREAKFAST MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST Fresh in Invigorating	Turkey Bacon, Egg, & Cheese Burrito (31g)	NO SCHOOL	Chicken Sausage & Cheese Biscuit (25g)	Pancakes & Turkey Bacon (41g)	Egg & Cheese English Muffin (23g)
8:00 a.m. – 8:40 a.m.					
EVERYDAY OPTIONS	House-made Muffin (64g) Yogurt Parfait (44g)				

This institution is an equal opportunity provider.

Questions or special requests regarding food sensitivities?

Contact us! We're happy to work together to support your student.

WE'RE HERE TO SERVE YOU!

Julie Marsh, MS, RDN, LD Resident Director Email: julie.marsh@AVIFoodsystems.com











KIPP COLUMBUS

KCH LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Ken Lonen Meno	Nov 11 th	Nov 12 th	Nov 13 th	Nov 14 th	Nov 15 th	
	Chicken	Popcorn	Chicken, Kale,	Spaghetti &	Bag Lunch	
	Tenders and	Chicken Bowl	Sweet Potato,	Meatballs with		
- Jelen	Crinkle Fries	with Mashed	& Rice Bowl	Broccoli and		
SIGNATURE	(29g)	Potatoes and	with Chipotle	Breadstick		
INSPIRED • INNOVATIVE • IN-STYLE		Corn	Ranch	(65g)		
3ž		(48g)	(72g)			
	Philly Cheese	BBQ Beef	Buffalo	Sloppy Joe	Bag Lunch	
GRILL	Quesadilla	Riblet	Chicken	with Fries		
UNILL	with Fries	Sandwich with	Sandwich with	(53g)		
SIZZLING, SEASONED & SASSY	(59g)	Fries	Fries			
		(52g)	(43g)			
	Four Cheese	Four Cheese	Four Cheese	Chicken	Bag Lunch	
	Pizza	Pizza	Pizza	Alfredo Pasta		
PIZZA	(34g)	_(34g)	_(34g)	(39g)		
1	Turkey	Turkey .	Turkey .			
OVEN-FRESH AND HANDCRAFTED	Pepperoni	Pepperoni	Pepperoni			
	Pizza	Pizza	Pizza			
[gatter	(23g)	(23g)	(23g) Grilled Turkey,	Ranch	Bag Lunch	
	Turkey & Cheese Wrap	Turkey Pepperoni	Ham, Cheese,	Chicken Wrap	bag Lunch	
	(32g)	Sandwich	& Tomato	(34g)		
	(329)	(30g)	Sandwich	(349)		
Fresh · Made To Order · Delicious		(509)	(30g)			
		Chopped Rom	naine, Baby Spinc	ich Spring Mix		
	Beets (3a)	Broccoli, Shredde	d Carrots (3a). C	herry Tomatoes. C	Sucumbers.	
⇒SALAD BAR€	Beets (3g), Broccoli, Shredded Carrots (3g), Cherry Tomatoes, Cucumbers, Green and Red Peppers, Red Onion (2g),					
	Black Beans (4g), Garbanzo Beans (6g), Cottage Cheese, Shredded Cheese,					
Crisp, Crunchy & Nutritious	Applesauce (12g), Pudding (25g), Sunflower Seeds (4g),					
<u>3</u>	Salad Dressing: Ranch (3g)					
	Available for Breakfast and Lunch					
	Rotation of fresh fruits, including:					
EVERYDAY OPTIONS	Apples (27g), Bananas (27g), Grapes (16g), Oranges (17g)					
	Fluid Milk:					
	1% White Milk (12g), Chocolate Milk (22g)					

KCH BREAKFAST MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST Fresh RUP Invigorating	Turkey Bacon, Egg, & Cheese Burrito (31g)	Maple Waffles (35g)	Chicken Sausage & Cheese Biscuit (25g)	Bagel (28g) & Oatmeal (21g)	Egg & Cheese English Muffin (23g)
8:00 a.m. – 8:40 a.m.					
EVERYDAY OPTIONS	House-made Muffin (64g) Yogurt Parfait (44g)				

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Julie Marsh, MS, RDN, LD Resident Director Email: julie.marsh@AVIFoodsystems.com









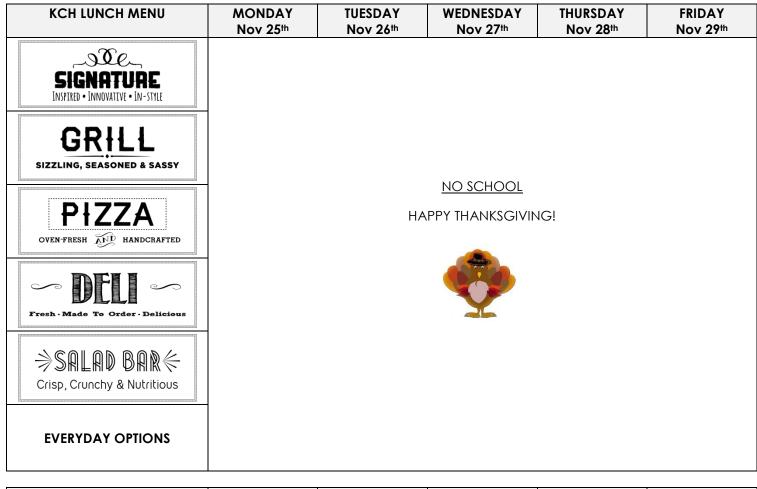


KIPP COLUMBUS

KCH LUNCH MENU	MONDAY Nov 18th	TUESDAY Nov 19 th	WEDNESDAY Nov 20 th	THURSDAY Nov 21st	FRIDAY Nov 22 nd	
SIGNATURE Inspired • Innovative • In-style	Macaroni & Cheese BBQ Chicken Bowl with Baked Beans (55g)	Beef Tacos & Steamed Corn (57g)	Chicken Legs & Roasted Carrots (34g)	Thanksgiving Meal Turkey, Mashed Potatoes (35g), Green Bean Casserole (16g), Mac & Cheese (29g), Gravy (6g), Fresh Roll (53g), Pumpkin Mousse (36g)	Bag Lunch	
GRILL SIZZLING, SEASONED & SASSY	Cheese Quesadilla (29g)	Crispy Chicken Sandwich (35g)	Meatball Sub (37g)	Thanksgiving Meal	Bag Lunch	
OVEN-FRESH MIL HANDCRAFTED	Four Cheese Pizza (34g) Turkey Pepperoni Pizza (23g)	Four Cheese Pizza (34g)	Pasta with Blush Sauce (45g)	Thanksgiving Meal	Bag Lunch	
Fresh · Made To Order · Delicious	Veggie Wrap (33g)	Turkey Club Sandwich (30g)	Purple Power Bean Wrap (44g)	Thanksgiving Meal	Bag Lunch	
SALAD BAR Crisp, Crunchy & Nutritious	Chopped Romaine, Baby Spinach, Spring Mix, Beets (3g), Broccoli, Shredded Carrots (3g), Cherry Tomatoes, Cucumbers, Green and Red Peppers, Red Onion (2g), Black Beans (4g), Garbanzo Beans (6g), Cottage Cheese, Shredded Cheese, Applesauce (12g), Pudding (25g), Sunflower Seeds (4g), Salad Dressing: Ranch (3g)					
EVERYDAY OPTIONS	Available for Breakfast and Lunch Rotation of fresh fruits, including: Apples (27g), Bananas (27g), Grapes (16g), Oranges (17g) Fluid Milk: 1% White Milk (12g), Chocolate Milk (22g)					
KCH BREAKFAST MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
BREAKFAST Fresh The Invigorating 8:00 a.m. – 8:40 a.m.	Turkey Bacon & French Toast (52g)	Chicken Sausage & Biscuit (24g)	Chicken Sausage Gravy with Biscuit (25g)	Chicken Sausage & Egg Burrito (32g)	Egg & Chees Bagel (23g)	
EVERYDAY OPTIONS	House-made Muffin (64g) Yogurt Parfait (44g)					
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Contact us! We	're happy to		arsh, MS, RDN, LD			
work together			nt Director			
your stu	dent.	Email: jı	ulie.marsh@AVIFo	odsystems.com		
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THE FAMILY DIFFERENCE IN HOSPITALITY SERVICES





KCH BREAKFAST MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
BREAKFAST Fresh AND Invigorating	<u>NO SCHOOL</u>						
8:00 a.m. – 8:40 a.m.							
EVERYDAY OPTIONS							

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