



KCM Menu – December 2024

Everyday Options – Available for Breakfast and Lunch				
Fresh Produce Bar Rotation of Fresh Fruits, including: Apples (27g), Bananas (27g), Grapes (16g), Oranges (17g) Fluid Milk: 1% White Milk (12g), Chocolate Milk (22g) Available for Breakfast only: Rotation of Whole Grain Cereals Oatmeal (27g)				
Monday 12/2	Tuesday 12/3	Wednesday 12/4	Thursday 12/5	Friday 12/6
Breakfast Bacon, Egg, & Cheese Burrito (31g) Lunch Chicken Tenders (16g) Crinkle Fries (13g) Turkey & Cheese Wrap (32g) Steamed Peas (19g)	Breakfast Waffles (35g) Lunch Salisbury Steak (4g) Gravy (2g) Mashed Potato (17g) Riblette Sandwich (39g)	Breakfast Scrambled Eggs Turkey Bacon Lunch BBQ Chicken Sandwich (49g) Corn Dogs (30g) Crinkle Fries (13g) Steamed Carrots (16g)	Breakfast Sausage, Egg, & Cheese Burrito (32g) Lunch Grilled Cheese (30g) Chicken Nuggets (16g) Rice (36g) Black Beans (24g)	Breakfast Egg & Cheese Bagel (43g) Lunch Pizza (36g) Broccoli (3g)
Monday 12/9	Tuesday 12/10	Wednesday 12/11	Thursday 12/12	Friday 12/13
Breakfast Bacon, Egg, & Cheese Burrito (31g) Lunch Hawaiian Chicken Wrap (33g) Macaroni and Cheese BBQ Chicken Bowl (55g)	Breakfast Waffles (35g) Lunch Beef Tacos (33g) Pinto Beans (8g) Chicken Bacon Wrap (45g)	Breakfast Chicken Sausage Cheese Biscuits (25g) Lunch Chicken Alfredo Pasta (29g) Chicken Salad Sandwich (30g) Roasted Carrots (16g)	Breakfast Sausage, Egg, & Cheese Burrito (32g) Lunch Cheeseburger (27g) Crinkle Fries (13g) Hot Italian Hoagie (35g)	Breakfast Egg & Cheese Bagel (43g) Lunch Pizza (43g) Broccoli (3g)
Monday 12/16	Tuesday 12/17	Wednesday 12/18	Thursday 12/19	Friday 12/20
Breakfast French Toast (52g) Turkey Bacon Lunch General Tso Bowl (71g) Quesadilla (32g)	Breakfast Chicken Sausage Cheese Biscuits (25g) Lunch Turkey Club Sub (30g) Chicken Tacos (35g) Steamed Corn (24g)	Breakfast Scrambled Eggs Turkey Bacon Lunch Honey Sracha Chicken Bowl (70g) Sweet and Sour Meatballs (20g) Green Beans (12g)	Breakfast Sausage, Egg and Cheese Burrito (32g) Lunch Beef Hot Dog (26 g) French Fries (20g) Chicken Nuggets (13g) Baked Beans (30g)	Breakfast Egg & Cheese Bagel (43g) Lunch Specialty Pizza (36g) Cheese Pizza (36g) Cauliflower (3g)
Monday 12/23	Tuesday 12/24	Wednesday 12/25	Thursday 12/26	Friday – 12/27
<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>
Monday – 12/30	Tuesday – 12/31	Wednesday – 1/1	Thursday – 1/2	Friday – 1/3
<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u> HAPPY NEW YEAR! 2025	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>
All lunches include a minimum choice of tossed salad or fresh vegetable and fresh fruit. Pork products and peanuts are not used in the kitchen during food preparation. Questions or special requests regarding food sensitivities? We're happy to work together to support your student. Contact: Julie Marsh, MS, RDN, LD, Resident Director, julie.marsh@AVIFoodSystems.com. This institution is an equal opportunity provider.				

