



KCP & KCE Menu – December 2024

Everyday Options – Available for Breakfast and Lunch				
Fresh Produce Bar Rotation of Fresh Fruits, including: Apples (27g), Bananas (27g), Grapes (16g), Oranges (17g) Fluid Milk: 1% White Milk (12g), Chocolate Milk (22g) Available for Breakfast only: Rotation of Whole Grain Cereals Yogurt				
Monday 12/2	Tuesday 12/3	Wednesday 12/4	Thursday 12/5	Friday 12/6
<u>Breakfast</u> French Toast Bites (38g) <u>Lunch</u> Turkey Sandwich (29g) Popcorn Chicken (14g) Mashed potato (17g) Steamed Corn (21g)	<u>Breakfast</u> Pancakes (41g) <u>Lunch</u> Alfredo Pasta (29g) Meatball Sub (37g) Roasted Carrots (9g)	<u>Breakfast</u> Egg & Cheese English Muffin (23g) <u>Lunch</u> Asian Chicken (7g) Fried Rice (53g) Vegetable Egg Roll (10g) Steamed Peas (14g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g) <u>Lunch</u> Chicken Parmesan (24g) Pasta & Marinara (48g) Broccoli (8g) Kidney Beans (23g)	<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g) <u>Lunch</u> Specialty Pizza (36g)
Monday – 12/9	Tuesday – 12/10	Wednesday – 12/11	Thursday – 12/12	Friday – 12/13
<u>Breakfast</u> French Toast Bites (38g) <u>Lunch</u> Chicken Nuggets (13g) Turkey Sandwich (29g) French Fries (20g) Steamed Peas (14g)	<u>Breakfast</u> Pancakes (41g) <u>Lunch</u> Beef Tacos (33g) Bean & Cheese Chalupa (21g) Steamed Carrots (16g)	<u>Breakfast</u> Egg & Cheese English Muffin (23g) <u>Lunch</u> Lasagna Roll (29g) Calzone (32g) Green Beans (12g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g) <u>Lunch</u> Cheese Quesadilla (32g) Mac & Cheese (29g) Refried Beans (36g)	<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g) <u>Lunch</u> Pizza (36g) Vegetable Medley (6g)
Monday – 12/16	Tuesday – 12/17	Wednesday – 12/18	Thursday – 12/19	Friday – 12/20
<u>Breakfast</u> French Toast Bites (38g) <u>Lunch</u> Sloppy Joe (29g) Tater Tots (16g) Turkey Sandwich (29g) Steamed Carrots (16g)	<u>Breakfast</u> Pancakes (41g) <u>Lunch</u> Hot Dog (28g) Pasta Alfredo (45g) Baked Beans (35g) Steamed Corn (21g)	<u>Breakfast</u> Egg & Cheese English Muffin (23g) <u>Lunch</u> Mac & Cheese (29g) Broccoli (8g) BBQ Meatballs (25g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g) <u>Lunch</u> BBQ Pulled Chicken Sandwich (33g) Green Beans (12g) Calzone (26g)	<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g) <u>Lunch</u> Pizza (36g) Vegetable Medley (5g)
Monday – 12/23	Tuesday – 12/24	Wednesday – 12/25	Thursday – 12/26	Friday – 12/27
<u>NO SCHOOL</u> HAPPY HOLIDAYS!	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>
Monday – 12/30	Tuesday – 12/31	Wednesday – 1/1	Thursday – 1/2	Friday – 1/3
<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u> HAPPY NEW YEAR! 2025	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>
All lunches include a minimum choice of tossed salad or fresh vegetable and fresh fruit. Pork products and peanuts are not used in the kitchen during food preparation. Questions or special requests regarding food sensitivities? We're happy to work together to support your student. <u>Contact:</u> Julie Marsh, MS, RDN, LD, Resident Director, julie.marsh@AVIFoodSystems.com. This institution is an equal opportunity provider.				

