



KCP & KCE Menu – January 2025

Everyday Options – Available for Breakfast and Lunch				
Fresh Produce Bar Rotation of Fresh Fruits, including: Apples (27g), Bananas (27g), Grapes (16g), Oranges (17g) Fluid Milk: 1% White Milk (12g), Chocolate Milk (22g) Available for Breakfast only: Rotation of Whole Grain Cereals Yogurt				
Monday 1/6 <u>NO SCHOOL</u>	Tuesday 1/7	Wednesday 1/8	Thursday 1/9	Friday 1/10
<u>Breakfast</u> NO SCHOOL	<u>Breakfast</u> Pancakes (41g)	<u>Breakfast</u> Breakfast Bagel Pizza (23g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g)	<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g)
	<u>Lunch</u> Meatball Sub (37g) Crispy Chicken Sandwich (35g) Baked Beans (18g)	<u>Lunch</u> Sweet & Sour Chicken with Rice (48g) Chicken Corn Dog (30g) Steamed Broccoli (3g)	<u>Lunch</u> Pasta & Meatballs (49g) Dinner Roll (14g) Grilled Cheese (30g) Steamed Carrots (8g)	<u>Lunch</u> Pizza (24g)
Monday – 1/13	Tuesday – 1/14	Wednesday – 1/15	Thursday – 1/16	Friday – 1/17
<u>Breakfast</u> French Toast Sticks (38g)	<u>Breakfast</u> Pancakes (41g)	<u>Breakfast</u> Breakfast Bagel Pizza (23g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g)	<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g)
<u>Lunch</u> Chicken Nuggets (16g) French Fries (20g) Bosco Pizza Sticks (25g)	<u>Lunch</u> Beef Tacos (33g) Refried Beans (30g) Crispy Chicken Sandwich (35g)	<u>Lunch</u> Calzone (32g) Chicken Corn Dog (30g) Green Beans (12g)	<u>Lunch</u> Mac & Cheese (29g) Dinner Roll (14g) Grilled Cheese (30g) Steamed Peas (14g)	<u>Lunch</u> Pizza (24g)
Monday – 1/20 <u>NO SCHOOL</u>	Tuesday – 1/21	Wednesday – 1/22	Thursday – 1/23	Friday – 1/24
<u>Breakfast</u> NO SCHOOL	<u>Breakfast</u> Pancakes (41g)	<u>Breakfast</u> Breakfast Bagel Pizza (23g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g)	<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g)
	<u>Lunch</u> Chicken Tacos (35g) Refried Beans (30g) Crispy Chicken Sandwich (35g)	<u>Lunch</u> BBQ Meatballs (25g) Chicken Corn Dog (30g) Tater Tots (16g)	<u>Lunch</u> BBQ Chicken Sandwich (49g) Grilled Cheese (30g) Green Beans (12g)	<u>Lunch</u> Pizza (24g)
Monday – 1/27	Tuesday – 1/28	Wednesday – 1/29	Thursday – 1/30	Friday – 1/31
<u>Breakfast</u> French Toast Sticks (38g)	<u>Breakfast</u> Pancakes (41g)	<u>Breakfast</u> Breakfast Bagel Pizza (23g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g)	<u>Breakfast</u> Egg, Sausage, & Cheese English Muffin (23g)
<u>Lunch</u> Cheese Quesadilla (32g) Black Beans (12g) Bosco Pizza Sticks (25g)	<u>Lunch</u> Hamburger (26g) Crispy Chicken Sandwich (35g) French Fries (20g)	<u>Lunch</u> Orange Chicken and Brown Rice Bowl (67g) Chicken Corn Dog (30g) Steamed Broccoli (3g)	<u>Lunch</u> Chicken Tenders (16g) Dinner Roll (14g) Steamed Carrots (8g) Grilled Cheese (30g)	<u>Lunch</u> Pizza (24g)
All lunches include a minimum choice of tossed salad or fresh vegetable and fresh fruit. Pork products and peanuts are not used in the kitchen during food preparation. Questions or special requests regarding food sensitivities? We're happy to work together to support your student. <u>Contact:</u> Julie Marsh, MS, RDN, LD, Resident Director, julie.marsh@AVIFoodSystems.com. This institution is an equal opportunity provider.				

