



KCM Menu – March 2025

Everyday Options – Available for Breakfast and Lunch				
Fresh Produce Bar Rotation of Fresh Fruits, including: Apples (27g), Bananas (27g), Oranges (17g) Fluid Milk: 1% White Milk (12g), Chocolate Milk (22g) Available for Breakfast only: Rotation of Whole Grain Cereals				
Monday 3/3	Tuesday 3/4	Wednesday 3/5	Thursday 3/6	Friday 3/7
<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g) <u>Lunch</u> Choice 1: Popcorn Chicken (14g) Biscuit (11g) Steamed Corn (24g) Choice 2: Bosco Pizza Sticks (25g)	<u>Breakfast</u> Pancakes & Chicken Sausage Patty (42g) <u>Lunch</u> Choice 1: Hamburger (26g) Baked Beans (18g) Choice 2: Crispy Chicken Sandwich (35g)	<u>Breakfast</u> French Toast Sticks & Scrambled Eggs (38g) <u>Lunch</u> Choice 1: Sweet & Sour Chicken with Rice (48g) Steamed Broccoli (3g) Choice 2: Chicken Corn Dog (30g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g) <u>Lunch</u> Choice 1: Pasta & Meatballs (49g) Dinner Roll (14g) Steamed Carrots (8g) Choice 2: Grilled Cheese (30g)	<u>Breakfast</u> Waffles (55g) <u>Lunch</u> Pizza (24g)
Monday – 3/10	Tuesday – 3/11	Wednesday – 3/12	Thursday – 3/13	Friday – 3/14
<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g) <u>Lunch</u> Choice 1: Sloppy Joe (36g) Roasted Carrots (16g) Choice 2: Bosco Pizza Sticks (25g)	<u>Breakfast</u> Pancakes & Chicken Sausage Patty (42g) <u>Lunch</u> Choice 1: Beef Nachos (47g) Corn and Black Beans (17g) Choice 2: Crispy Chicken Sandwich (35g)	<u>Breakfast</u> French Toast Sticks & Scrambled Eggs (38g) <u>Lunch</u> Choice 1: Calzone (32g) Green Beans (12g) Choice 2: Chicken Corn Dog (30g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g) <u>Lunch</u> Choice 1: Meatball Sub (37g) Steamed Peas (14g) Choice 2: Grilled Cheese (30g)	NO SCHOOL
Monday – 3/17	Tuesday – 3/18	Wednesday – 3/19	Thursday – 3/20	Friday – 3/21
<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g) <u>Lunch</u> Choice 1: Chicken Nuggets (16g) Dinner Roll (14g) Mashed Potatoes (16g) Choice 2: Bosco Pizza Sticks (25g)	<u>Breakfast</u> Pancakes & Chicken Sausage Patty (42g) <u>Lunch</u> Choice 1: Chicken Tacos (35g) Black Beans (17g) Choice 2: Crispy Chicken Sandwich (35g)	<u>Breakfast</u> French Toast Sticks & Scrambled Eggs (38g) <u>Lunch</u> Choice 1: Chicken Pot Pie (31g) Biscuit (11g) Choice 2: Chicken Corn Dog (30g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g) <u>Lunch</u> Choice 1: BBQ Chicken Sandwich (49g) Green Beans (12g) Choice 2: Grilled Cheese (30g)	<u>Breakfast</u> Waffles (55g) <u>Lunch</u> Pizza (24g)
Monday – 3/24	Tuesday – 3/25	Wednesday – 3/26	Thursday – 3/27	Friday – 3/28
<u>Breakfast</u> Egg, Sausage & Cheese English Muffin (23g) <u>Lunch</u> Choice 1: Cheese Quesadilla (32g) Black Beans (17g) Choice 2: Bosco Pizza Sticks (25g)	<u>Breakfast</u> Pancakes & Chicken Sausage Patty (42g) <u>Lunch</u> Choice 1: Mac & Cheese (29g) Dinner Roll (14g) Steamed Carrots (8g) Choice 2: Crispy Chicken Sandwich (35g)	<u>Breakfast</u> French Toast Sticks & Scrambled Eggs (38g) <u>Lunch</u> Choice 1: Orange Chicken and Brown Rice Bowl (67g) Steamed Broccoli (3g) Choice 2: Chicken Corn Dog (30g)	<u>Breakfast</u> Turkey Sausage Maple Pancake Wraps (16g) <u>Lunch</u> Choice 1: Chicken Tenders (16g) Dinner Roll (14g) French Fries (20g) Choice 2: Grilled Cheese (30g)	<u>Breakfast</u> Waffles (55g) <u>Lunch</u> Pizza (24g)
All lunches include a minimum choice of fresh vegetable and/or fresh fruit. Pork products and peanuts are not used in the kitchen during food preparation. Questions or special requests regarding food sensitivities? We're happy to work together to support your student. <u>Contact:</u> Julie Marsh, MS, RDN, LD, Resident Director, julie.marsh@AVIFoodSystems.com. This institution is an equal opportunity provider.				